

oct. at the Gilbert Senior Center

“my place” activities

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| <p>MON 3</p> <p>9:00 T'ai Chi 10:15 Bingo</p> | <p>TUE 4</p> <p>9:00 Exercise 9:00 VIN Etching 9:30 Angel Committee 10:30 Music/ Carl Nyberg</p> | <p>WED 5</p> <p>9:00 Yoga 9:00 Flu Shots 11:15 Line Dancing 4:00 Nando's Resturant</p> | <p>THUR 6</p> <p>10:30 Music /CB Kelton</p> | <p>FRI 7</p> <p>10:15 Bingo</p> |
| <p>MON 10</p> <p>CENTER CLOSED COLUMBUS DAY</p> | <p>TUE 11</p> <p>9:00 Exercise 10:30 Music / Jim Bing</p> | <p>WED 12</p> <p>9:45 Lone Butte 9:00 Yoga 10:15 Bingo 11:15 Line Dancing</p> | <p>THUR 13</p> <p>10:30 Music/ DJ John 12:30 Manage your Memory</p> | <p>FRI 14</p> <p>10:15 Bingo</p> |
| <p>MON 17</p> <p>9:00 T'ai Chi 10:15 Bingo 12:30 Card Bingo</p> | <p>TUE 18</p> <p>9:00 Exercises 9:30 Angel Committee 10:30 Music / Jay Ferris</p> | <p>WED 19</p> <p>9:00 Yoga 11:15 Line Dancing</p> | <p>THUR 20</p> <p>10:30 Dance music with Sunland Combo</p> | <p>FRI 21</p> <p>9:30 Into the Streets Chandler Gilbert CC 10:15 Bingo</p> |
| <p>MON 24</p> <p>9:00 T'ai Chi 10:15 Bingo</p> | <p>TUE 25</p> <p>9:00 Exercise 10:30 Music w/ Raphael</p> | <p>WED 26</p> <p>9:00 Yoga 11:15 Line Dancing 1:00 Site Council</p> | <p>THUR 27</p> <p>10:30 Dance music with DJ John</p> | <p>FRI 28</p> <p>10:15 Bingo HAPPY BIRTHDAY OCT. SENIORS!</p> |
| <p>MON 31</p> <p>9:00 T'ai Chi 10:00 Halloween Party 10:15 Bingo</p> | | | | |